

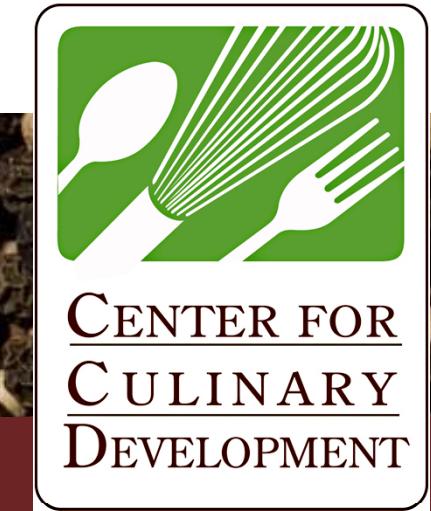


# ASTA 2007 Annual Meeting

## The Spiceman Cometh: Emerging Trends in Spices & Seasonings



product innovation • consumer & trend insights • commercialization



mmm . . .



## Who We Are

a full service team of talented and dedicated culinary and business professionals with a 15-year track record of food and beverage innovation

## What We Do

consumer, trend and culinary-driven innovation for food and beverage companies. We deliver breakthrough solutions that drive marketplace success for our clients.

## Why We're Unique

- CCD Chefs' Council®
- Proprietary Trend Mapping® process
- Wharf Research® - national testing, single location



## Product Innovation

pairs culinary creativity with strategic thinking  
proven methodology to accelerate innovation

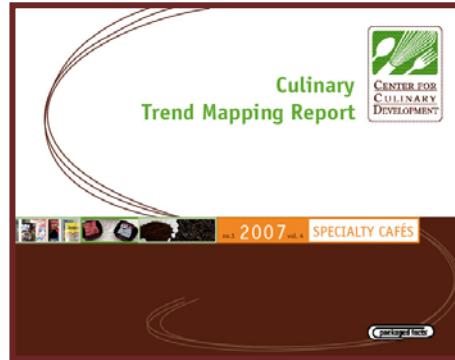
## Consumer & Trend Insights

Wharf Research® - national testing, single location  
proprietary Trend Mapping process

## Commercialization

team of food scientists, nutritionists and  
manufacturing experts  
creative solutions for manufacturing challenges

## CCD Trend Mapping®



The image shows the cover of the "SIDE DISH" newsletter from March 2007. It has a white header with the title "SIDE DISH" and the date "March 2007". Below the header is a green section with three headlines: "Menu Watch", "Emerging Ingredients, Flavors &amp; Dishes"; "Hitting The Shelves", "New Product Launches"; and "On The Food Front", "Food &amp; Beverage Industry Headlines". The main body of the cover features a photograph of a lime slice falling into water, with the CCD logo at the bottom.

## trend publications

Culinary Trend Mapping Report  
Side Dish

## trend immersion

## trend tours

## ideation & product development

# What is driving trends in spices?



taste for ethnic foods



restaurant chefs



sophisticate palates



love of heat, bold flavors



new flavor profiles



media exposure

# Evolution of a Trend

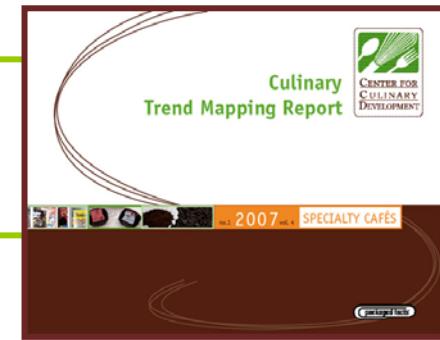
## CHIPOTLE: the whole picture



# Spice Trends

What's new?

# what CCD is talking about



## Culinary Trend Mapping Report: Spices vol. 4, no. 2

- Stage 1   **sumac, za'atar  
shichimi togarashi (Japanese 7 spice)  
exotic peppers:  
Sichuan peppercorns  
peri-peri  
grains of paradise**
- Stage 2   **ras el hanout, harissa  
star anise**
- Stage 3   **Chinese five-spice**
- Stage 4   **saffron**
- Stage 5   **ancho chile**

## on our radar



rosemary  
smoked paprika/pimenton  
sansho in Vietnamese, Asian  
Mexican oregano  
varietal peppercorns:  
Balinese long pepper  
Lampong  
Tellicherry  
Sarawak  
piment d'Espelette – Basque  
aleppo pepper – Syrian  
smoked peppers & salts  
gourmet salts

**bolder • sophisticated flavors • ethnic nuance**

# Where spice trends are appearing

# restaurants

Stage 1 source - ethnic, fine dining



**Tabla** • Floyd Cardoz, NYC

**Momofuku** • David Chang, NYC

**Oleana** • Ana Sortun, Cambridge, MA

**Spice Market** • Jean Georges, NYC

**Wave** • Kristine Subido, Chicago

**Dining Room, Ritz-Carlton, SF** • Ron Siegel

...myriad other fine dining and ethnic restaurants

**source of early exposure**

# cocktails

Stage 1 - restaurant related



## modern mixology taking cocktails to new places

infusions – lemongrass,  
spices, herbs  
house-made bitters  
black pepper  
cinnamon bark  
allspice  
nutmeg  
Chinese five-spice

**spicing up the bar**

# in the media

## Stage 2 - magazines

### magazines

Gourmet

Bon Appétit

Food & Wine



### industry publications

Chef

Restaurant Business

Nation's Restaurant News

Restaurants & Institutions

CIA Worlds of Flavor

**tempting recipes . restaurant inspiration**

# specialty shops

## Stage 2 & 3

WILLIAMS-  
SONOMA  
*the place for cooks*

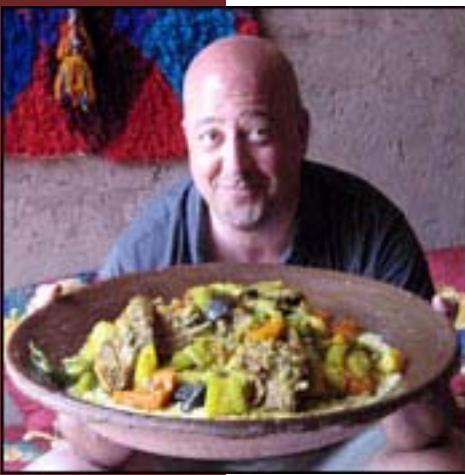


- Dean & Deluca
- The Spice House
- Penzey's
- Le Sanctuaire
- Jing Tio: spice whisperer**
- Sur La Table
- Williams-Sonoma
- ethnic grocers
- Indian, Middle Eastern**

**internet & mail order access for all**

# in the media

## Stage 2 & 3 - TV cooking shows



### TV shows

Food Network cooking shows

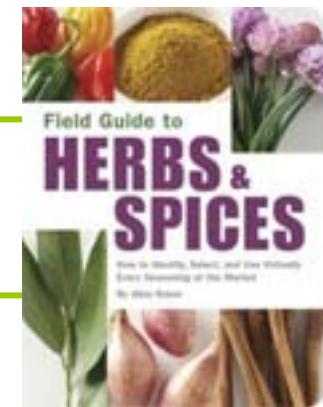
PBS travel, culture, cooking show

- **Meaning of Food, Marcus Samuelsson**
- **Diary of a Foodie, Gourmet**

Cable travel and dining shows

- **No Reservations A. Bourdain**
- **Bizarre Foods - Travel Channel**

**visual & tantalizing inspiration**



# in the media

## Stage 2 - cookbooks

**Marcus Samuelsson**

*The Soul of a New Cuisine:  
A Discovery of the Foods and Flavors of Africa*

**Ana Sortun**

*Spice: Flavors of the Eastern Mediterranean*

**Floyd Cardoz**

*One Spice, Two Spice: American Food, Indian Flavors*

**James Oseland**

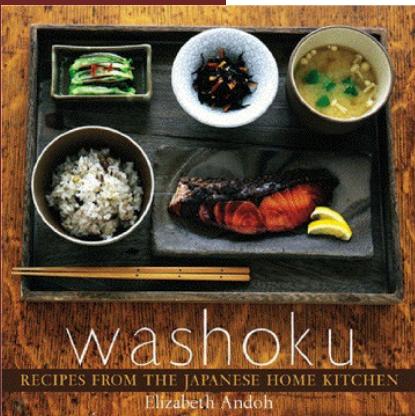
*Cradle of Flavor: Home Cooking from the  
Spice Islands of Indonesia, Singapore and Malaysia*

**Aliza Green**

*Field Guide to Herbs & Spices*

**Elizabeth Andoh**

*Washoku: Recipes From the Japanese Home Kitchen*



# cooking classes

## Stage 2 & 3



**at specialty stores, grocery stores,  
cooking schools, on vacation**



Sur La Table  
Williams-Sonoma  
Central Market (TX)  
Wegman's  
local cooking schools  
travel trips to Indonesia, Thailand,  
Japan

**hands-on exposure  
leads to purchases**

## packaged specialty foods pre-mainstream. artisan



### **new spice collections -**

Vann's Taste of Africa  
McCormick's Gourmet  
So! Gourmet - South Africa  
Tom Douglas spice rubs

Kettle Brand Chips  
artisan chocolates – spice flavors  
ethnic frozen dinners  
dried mixes – rice, sides, meals  
**Sources:** Whole Foods, Trader Joe's

**an exciting way to try new flavors**

# Ethnic Spice Trends

# Pan-Asian Chinese



**aromatic with new sensations**

**Sichuan peppercorns**

gourmet magazines: “100 tastes to try 2007” - *Food & Wine*

Belgian chocolate bar

**star anise**

soups, braises, poached fruits

Woo City Ice Cream

Chevre de Nord goat cheese

spice rubs

**Chinese five-spice**

P.F. Chang's, fine dining

**Menu sighting:** Valrhona chocolate and wasabi fondant with **five-spice** tuile and chocolate curry cookie (\$8) - **Uchi, Austin, TX**

# Pan-Asian Japanese



**authentic accents**  
**shichimi togarashi – 7 spice**  
*chile      sansho      citrus peel  
nori      ginger      poppy seeds  
white & black sesame seeds*

- traditional noodle soup condiment
- used in: spiced nuts aioli  
crusting scallops, tuna

**McCormick Far East Sesame  
Ginger Blend**

**Tom Douglas Rub with Love  
Spicy Tokyo blend**

**Menu sighting:** Ahi carpaccio with wasabi pesto, creamy avocado and togarashi aioli - **Cheesecake Factory (107 units)**

# Pan-Asian

## Southeast Asian



growing interest in Vietnamese,  
Indonesian, Thai flavors

sansho

star anise

lemongrass

sambal oelek - *chiles, sugar, salt, garlic  
paste*

Indonesian peppercorns

cubeb peppercorns

**Menu sighting: Sansho savarin with caramelized apples and ginger ice cream (\$8) - Ono, Japanese Tea Salon, NYC**

# Indian



## a wealth of spices

**chai** - cardamom, cinnamon, cloves, pepper

**garam masala**

**turmeric**

**nigella seed**

**panch phoron** (five-spice mixture):  
*cumin, fenugreek, black mustard, fennel seed, onion seed*

- found in tandoori, legume & rice dishes

**Menu sighting:** Cardamom spiced pork belly, with **madras curry** scented fresh garbanzo bean puree (\$9.50) - Rioja, Denver

# Middle Eastern



## zesty & exotic

**sumac** - sour, citrusy, seed

**za'atar**: *wild thyme, sesame, sumac*

- sprinkled on flatbreads, yogurt dips, olives, chicken
- in U.S.: flavors aioli, fries, flatbreads

**3 C's** - cumin, coriander, cardamom

**paprika**

**curry, turmeric, fenugreek**

**baharat** (curry equivalent, 5-11 spices)

- cumin, cinnamon, cloves
- for lamb, veggies

**Menu sighting:** Roasted Scottish salmon with Israeli couscous, tarragon, grapefruit, **Moroccan black olives, sumac vinaigrette (\$19.50) - Firefly, San Francisco**

# North African



## spicy & sweet flavors

**"Moroccan spiced"** - cumin, cinnamon, ginger, allspice, etc.

**ras el hanout** - "top of the shop" blend

**harissa** – Tunisian chile paste

- U.S. chefs making milder versions
- marinade on fish, seafood
- drizzled over goat cheese bruschetta
- Sahale Snacks - Ksar blend

**Egyptian dukkah**

- nut, sesame, spice dip for breads
- 3 new products in 2006



**Menu sighting:** North African-spiced hot-smoked salmon with preserved lemon, mint and parsley salad - **Hamersley's Bistro, Boston**

# African



potent, assertive flavors  
peri-peri – hot sauce, peppers

grains of paradise

Ethiopian **berbere** blend: *chile, fenugreek seeds, cardamom, allspice, cloves*

Vann's Taste of Africa line

Mpuntu - spice line developed by Agribusiness in Sustainable Natural African Plant Products

**Menu sighting: Grains of paradise-crusted Pacific halibut with braised fennel and Hawaiian sea salt - Rendezvous Inn, Mendocino, CA**

# Mediterranean



## warming spices

### **smoked paprika - Spain**

- used for potatoes, fries, vegetables, fish, stews

### **saffron - various**

present in many cuisines: Spanish, Persian, Italian, Indian

-used often for rice (paella, risotto) but also integral to French bouillabaisse

**Menu sighting:** Warm Dungeness crab cupcakes, crème fraîche frosting, saffron salt sprinkles (appetizer) - **Boka Kitchen and Bar, Seattle, WA**

## Pan-Latin



### adding authentic flavor & color

Mexican oregano

Mexican bay leaf

annatto seeds

cinnamon

cumin, coriander, cloves

chiles of all kinds - ancho, chipotle

epazote - pungent herb

allspice - Caribbean foods

**Menu sighting:** Ensalada de Tomate - Heirloom tomato and "ARC Greenhouses" baby greens, homemade octopus bacon, **cumin-orange vinaigrette (\$9)** - **Pasion, Philadelphia**

# Specialty Trends in Spices

# specialty trends

## varietals. terroir



### consumer value in variety

- food lovers are learning to differentiate flavors thanks to wine, local produce

### **terroir: the taste of place**

- where a product is grown can influence taste now seeking out varietal spices, salts, peppers

**specialty salts** - Himalaya, Hawaii, Portugal

**cinnamon vs. cassia** - can you tell the difference?

- four types at The Spice House - Saigon, Ceylon True, China Tung Hing, Korintje Indonesia

**peppercorns** - Indonesia, Malabar (India), Reunion Islands; multicolored

**"I feel connected and 'in the know' about my food"**

# specialty trends

organic. natural



## organic, natural spices on the rise

- 90 new spices tagged “natural”
  - 31 tagged “organic” out of 236 new spices introduced between July ‘05 & July ‘06
- (ProductScan Online)

## brands

- Spicely Organic
- Watkins
- Oskri
- Ambassador Biodynamic

**organics extending to the pantry**

# specialty trends

convenience. elevated experience



## convenience always key

seasoning blends

McCormick Slow Cook Seasoning Mix

rubs and marinades

flavor sprays - David Burke

## experience more

spice grinders - salts, peppers, blends

So! Gourmet:

Chinese five-spice sold at Williams-Sonoma

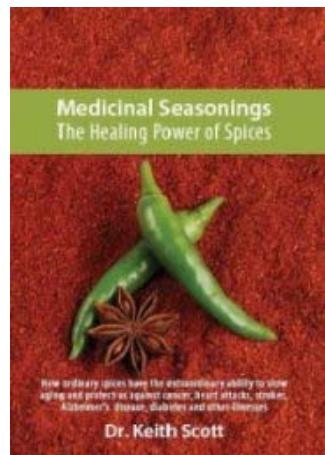
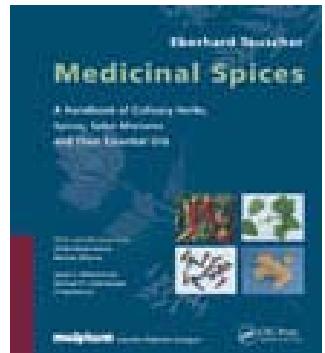
Callison's seasoned skewers: Mexican Fiesta,  
Indian Mango Curry

**Using spices is fun, interactive, easy**

# Health & Wellness Spice Trends

# healing spices

## health boosts from spices



## U.S. consumers discovering medicinal uses

Medicinal uses are an ancient practice in cultures around the world

Asian, Indian cuisines - essential elements;  
had cooling, heating properties

**Turmeric** - digestive aid, antibacterial  
anti-inflammatory; Alzheimer's

**Ginger** - helps nausea, digestion

**Cinnamon** - boosts brain activity,  
anti-inflammatory; anti-oxidant; regulates  
blood sugar levels

**Healthy lifestyle goes with eating great tasting food**

# low sodium

replacing sodium with spicey flavor



## sodium - the new trans-fat?

growing concern of AMA, govt.

□□□aging population –hypertension;  
will affect 1 in 3 adults

**food companies responding**  
soups, cereals, sauces, gravies

**How to ensure flavor with low sodium? spices and seasonings!**

- specialty salts
- umami boost
- better fats in nuts and seeds

**Spices now a go-to solution for adding flavor**

# Translating Trends

Cross spice trends for new product opportunities

## Specialty + Ethnic



CONVENIENCE



NORTH AFRICAN

ras el hanout spice blend + quick couscous

pre-made tagines + harissa condiment packet



## Healthy + Ethnic



HEALTHY



ETHNIC

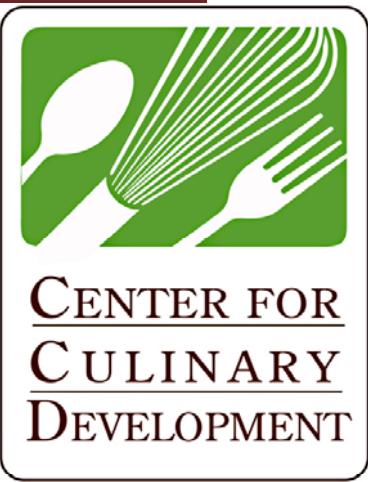
Low sodium Vietnamese pho soup + star anise

Indian rice biryani + turmeric flavor



# Conclusion

**The Spiceman truly cometh  
to the American culinary scene  
and it's about time**



mmm . . .  
strategic product development solutions with taste