# Exploring Global Trends in Spices and Seasonings

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Mintel International

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# Mintel's trend tracking tools

Menu Insights: revealing trends in menus, flavors, ingredients

Mintel
Reports:
understanding
the "why"
behind the
trends

Mintel Inspire: uncovering consumer drivers

Mintel Research Consultancy: bringing it all together

> Product Retrieval: delivering products to your door

GNPD: tracking new products around the world

GNPD IRIS: providing an understanding of product success

# Today's agenda

- The fallacy of global flavors
- By the numbers
- Leading trends in spices and seasonings
  - The return of the cook
  - Pure and simple
  - Functionality
  - Flavor activity
- Snapshot of key introductions around the world
- Thoughts for consideration

# The fallacy of global flavor trends

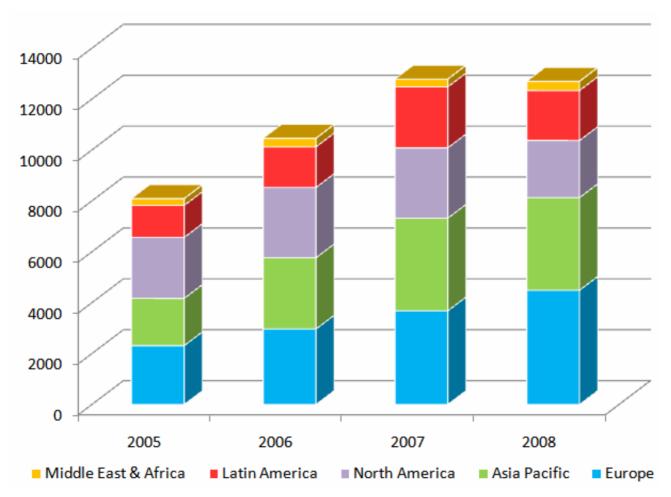
- The names may be the same, but tastes themselves are often quite different
- Allowance for cultural variations
- Is there opportunity to ensure flavors are authentic?
- Product segmentation
  - Mainstream products with adjusted flavor profiles
  - Niche and imported products with more authentic tastes





# Category introductions flat for 2008

#### New sauces and seasonings introductions, by region: 2005-2008



## Consumer purchase drivers

- Taste—ethnic cuisine, unique flavors
- Variety—the more the better, until you overload them
- Wellness—but make it easy to understand
- Convenience—prepared meals, quick and easy preparation, simple choices
- Value—today, value trumps everything (but does it really?)







## The Return of the Cook

#### What it is:

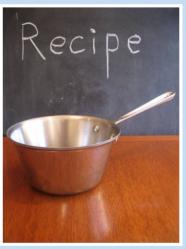
Products that create and facilitate at-home meals

#### Why we care:

 As consumers become more and more concerned about the economy and the effect on their individual lives, many are moving mealtime back into the home in an effort to save money and promote family togetherness.

#### What we see in the market:

- Alternatives to restaurant meals, often branded with familiar restaurant names
- Focus on dining in, not eating out

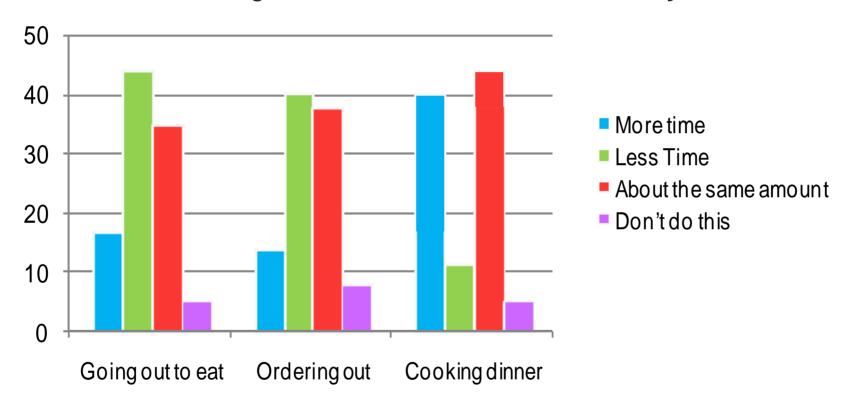






# Changes in consumer behavior suggest opportunities

Behavioral change: "We can't afford to eat out anymore."



In the last three months, would you say you are spending more, less or about the same amount of time doing the following activities **with your family** (compared with the same period last year)

# As good as going out



Waitrose As Good As Going Out meals, UK, claimed to be restaurant quality



T.G.I. Friday's Complete Skillet Meals Firecracker Sesame Chicken, USA



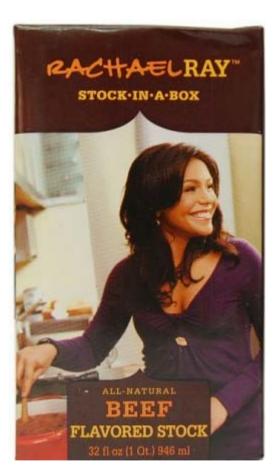
Mario Batali Cinque Formaggi Five Cheese Blend, USA

# The influence of celebrity chefs









Jamie Oliver, UK

Rachael Ray, USA

# Making it easy (but not too easy)



NoMU Stir Tomato & Herb Pesto, South Africa, just add hot water and olive oil to prepare



Crate & Barrel Italian
Gorgonzola Grilling Sauce is a
bold, USA, with a heatresistant silicone basting brush



Marks & Spencer Ready To Stir Fry Sweet Chilli & Ginger Sauce, UK

## Around the world



Holzbach Selected Natural Gourmet Salts, Germany, a range of 12 salts from exotic locales around the world



Woolworths Specialty Food & Wine Collection Curries of Origin, South Africa, authentic curries from home and abroad, including Durban, East African, Indian Korma, Rogan Josh and Vindaloo



Choctál The Exotic Chocolate
Ice Cream Collection, USA,
with Costa Rican Chocolate,
Ghana Chocolate, Dominican
Chocolate and Kalimantan
Chocolate varieties

## Pure Simplicity

#### What it is:

Purity of ingredients, simplicity of use

#### Why it's important:

 In an increasingly confusing, busy, and seemingly hostile world, consumers are seeking simpler, easier ways of doing things, coupled with clearer communication. The new language: convenient = simple.

#### What we see in the market:

- Growth of organic, natural, Fairtrade, Rainforest Alliance
- Simple communication of benefits
- Clean labels and "no junk" messaging gaining ground
- The "new green mantra" for packaging

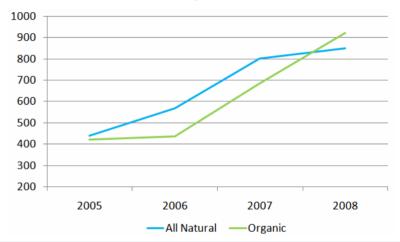




# Organic and natural

- For the US market, organic is about wellness and food safety
- Organic introductions continue to rise
- Although, sales are slowing in US and Europe
- Is organic only for the "healthy wealthy?"
- What is the role of "partial organic?"

# Organic and natural sauces and seasonings introductions, global: 2005 - 2008





# Simple messages, ease of use



Smart-Spice True Cinnamon Organic Packets, USA, packaged in pre-measured, single-use packets



Good Oil Original Oil, UK, cold-pressed hemp seed is rich in omegas 3, 6 and 9



Gourmé Mist Barrel Aged Balsamic Vinegar Mister, USA, gentle spray is eco-friendly

# The role of packaging



ProBio Fairtrade Spices, France, feature a lightweight UV-protective container Verstegen Candlelight Pepper Sauce, the Netherlands, retails with a tea light candle to keep the sauce heated throughout the meal



## Mind & Body

#### What it is:

 Products that enhance the mood and those that promote overall wellness

## Why we care:

 Products to calm or soothe the senses have been in the market for quite a long time, but we are seeing herbs, spices and other ingredients appearing in new categories and being used in new ways; functional positioning around spices is also gaining ground.

#### What we see in the market:

- Growth of products with chamomile and lavender
- Warming through chili







# Calming via lavender and chamomile



Sunsweet Herbal Waters Calming Mint + Lavender Water, USA, with organic herbs to calm and soothe



Honeydrop's organic flavored water, USA, in Bee Calm with chamomile and Bee Good with apple



Plum Baby Organic Superfoods Strawberry & Chamomile Yogurt, UK, with natural botanicals to help babies sleep

# Some like it hot: Chili in unexpected places



Becks Hot Winter Cocoa Mix Beverage, UK, with chili and ten spices for the cold season

Australian Harvest's Red Wine Chilli Sauce, Australia, organic red wine sauce for topping and marinating meats



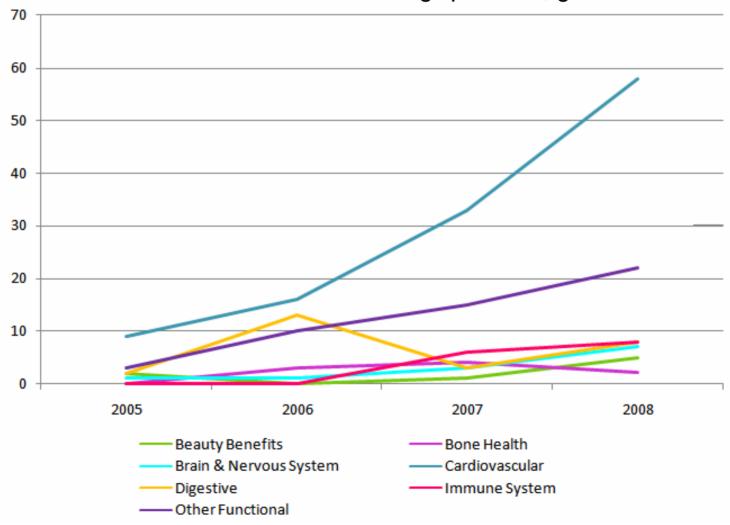


Tohato Habanero Extra Spicy Potato Rings, Hong Kong, extremely spicy habanero flavor balanced with menthol

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# Functional claims growing in the category

#### Functional claims in sauces and seasonings products, global: 2005 – 2008



# Seven superspices







Thrive! Foods Super Treats
Pro-Immune Ginger &
Cinnamon Ginger Snaps, USA,
all natural treats with antiinflammatory ginger and
antioxidant-rich cinnamon

# Adding functionality through spices



HydroOne's Rev-D Diabetic Nutritional Beverage, USA all natural beverage with cinulin cinnamon concentrate



Coca-Cola's Jianchi Apple, Ginger, Ginseng & Kumquat Fruit Drink, Italy, energizing drink formulated according to traditional Chinese medicine

## **Fortification**



Medicinal Curry Flakes, Japan, balance the body's chi in accordance with traditional oriental medicine



Omega Shakers Seasoning Toppers Organic Milled Flaxseeds, USA, with omegas 3 & 6, lignans fiber and protein



Quai Sud Bambou Imperial Salt, France, antioxidant-rich natural salt fortified with bamboo leaf extract

## Sweet flavors for consideration

- A look at an established flavor: Dark chocolate
- Influence from nonfood: Lavender
- Regional flavors on the move:
  - Cactus
  - Starfruit









## Lavender

#### What it is

 Ubiquitous garden herb, personal and home care scent

## Why it's important

- Exotic, upscale flavor profile
- Familiar flavor that translates to many categories

## Where it's going

 Expansion from premium chocolates and drinks into more mainstream offerings

#### On the menu

Lavender and White Chocolate Crème Brûlée (Gotham Bar and Grill): Caramelized raspberries swirled in lavender-scented crème brûlée







## Cactus

#### What it is

Fleshy oval leaves of the nopales cactus

## Why it's important

Latin American influence

## Where it's going

Translates from everyday food in Latin
 America to more unusual formulations in other countries







#### On the menu

Ensalada de Nopalitos (Candelas): Mixed greens with tomatoes, mozzarella cheese, and sautéed cactus stack, served with an oregano vinaigrette

## Starfruit

#### What it is

 Also called carambola, a star-shaped sour fruit

## Why it's important

Diversity and uniqueness

## Where it's going

Like other fruits, expanding out of Asia

#### On the menu

Gotham Trio of Ice Creams (Gotham Bar and Grill): Starfruit-Lemon Thyme, Vanilla-Allspice and Chocolate-Mint







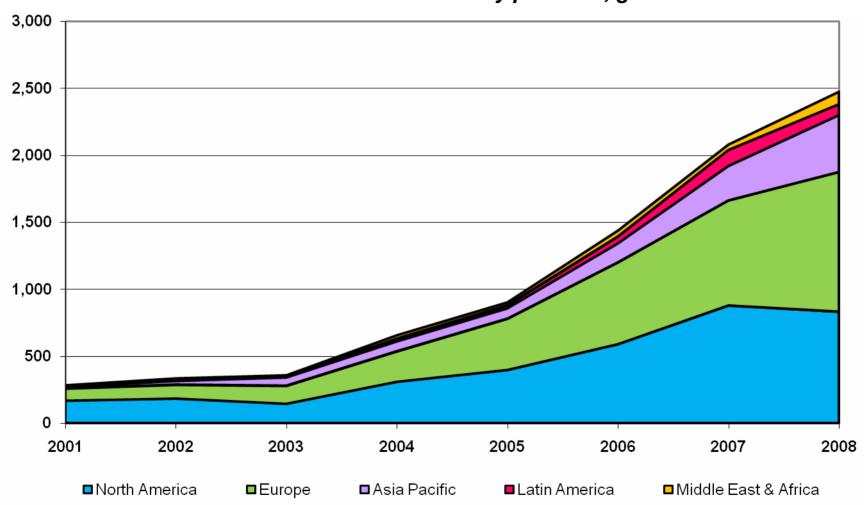
## Flavor focus: Dark chocolate

- Chocolate in all forms well established globally; expansion into dark chocolate driven by two factors: indulgent taste and good health
- Expansion from chocolate confectionery introductions into wide range of additional categories, including some more traditionally savory categories
- Dark chocolate becomes more specific (e.g. 71%)
- Ties in with consumer dual needs for self-indulgence and selfcontrol



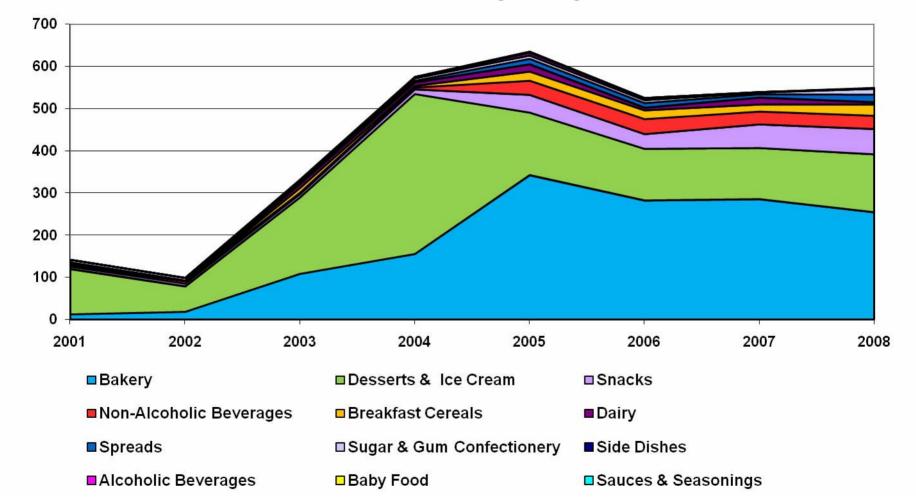
# Dark chocolate confectionery continues to rise

#### Dark chocolate in chocolate confectionery products, global: 2001-2008



# Dark chocolate surges in 2004

#### Dark chocolate in all other categories, global: 2001-2008

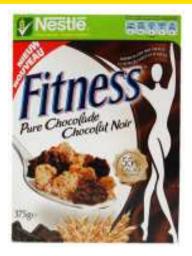


## Where to next for dark chocolate?

- More specificity
  - Of percent cacao
  - Of location
- More information
  - Of provenance
  - Of flavor notes
  - Of health benefits
- Recession proof?









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# Savory flavors

- A look at an established flavor: Curry
- Segmentation of an established flavor: Masala
- Spicy, in regional ways:
  - Chimichurri
  - Peri peri (or piri piri)









# Curry

#### What it is

 Very broad category of savory flavors, sometimes hot, sometimes mild

## Why it's important

 Diversity—appears in a number of countries in a number of heat levels and flavor profiles

## Where it's going

 Ties in with trends of spicier, more ethnic, more vegetarian foods

#### On the menu

Yucatan Style Plantain Crusted Chicken (Janos Restaurant): With green coconut milk curry, roasted corn vinaigrette, pineapple rice and cilantro chili slaw







## Masala

#### What it is

Specific seasoning blend, a cousin to curry

## Why it's important

 More unusual than curry, but also appears in a range of flavor and spice levels

## Where it's going

 Same direction as curry, for consumers seeking more unique offerings, more spicy offerings, more ethnic foods

#### On the menu

Masala Spiced Free Range Chicken (Gotham Bar and Grill): Basmati rice, lime yogurt and toasted cashew, curried chicken reduction







## Chimichurri

#### What it is

 Seasoning from Argentina, comprised of parsley, olive oil, paprika, garlic

## Why it's important

Argentinean and Brazilian food is popular in the US

## Where it's going

Flavor profile has potential to extend into new categories

#### On the menu

Grilled Lamb Porterhouse Chops (Mesa Grill): With cilantro-mint chimichurri and Anaheim gratin







## Peri peri

#### What it is

 Hot seasoning originally from Mozambique; appears mostly in South Africa and Australia

## Why it's important

Unique name and flavor profile can appear to many consumers

## Where it's going

 Movement out of Africa into Europe and North America

#### On the menu

Egg, Bacon and Fried Anchovy Sandwich (Rialto Restaurant): With piri piri sauce







## Thoughts for consideration

- Even in difficult times consumers want the chance to splurge
  - They may do it differently in a recession, but paying for home-centric indulgences is still within reach for many
  - Explore ingredient concepts that complement consumers' cooking and gardening efforts
- On the label—make it easy for consumers to see and understand the benefits and various applications of your products
- The "surprise" factor helps differentiate products in the crowded marketplace
  - Mix savory and sweet
  - Spicy flavors in unexpected places
- Explore more applications for specificity in health benefits and targeted functionality

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